

BOOSH Weekly Menu

Term 4 – Week 2 – Children’s Week (21/10/24 – 25/10/24)

<u>Week 2</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast	Pancakes with honey	Baked beans & spaghetti with toast and milo	Bacon and eggs with toast	Smoothies (mixed berries/mango) with honey	English muffin pizzas with shredded ham & chicken, cheese, pizza sauce
	<p>Served Daily</p> <p>Cereal: Rice Bubbles, Sultana, Cornflakes, Weetabix</p> <p>Toast & spreads: Choice of Wholemeal, Raisin, English muffins with butter, vegemite, jam or honey</p>				
Afternoon Tea	Chicken Nuggets & Vegetarian Spring rolls	Vegetarian Pasta with <ul style="list-style-type: none"> • Corn • Carrots • Peas • Pasta sauce • Cheese 	Crus kits with <ul style="list-style-type: none"> • Ham • Cheese • Chicken • Tomatoes • Cucumbers • Butter • Vegemite 	Vegetarian Fried rice with <ul style="list-style-type: none"> • Corn • Peas • Carrots • Soy sauce 	Wholemeal wraps with <ul style="list-style-type: none"> • Ham • Chicken • Cheese • Lettuce • tomatoes
	<p>Served Daily</p> <p>Fruit: Pears, Red & Green apples, oranges, seasonal fruits</p> <p>Veggies: Tomato, cucumber, carrot, capsicum, celery, lettuce</p> <p>sultana, cheese</p>				